

Pathtogrow

WOMEN IN SPORTS LAW

THE PROGRAM

What you will experience?

Explore leadership from within for deeper and outer impact. No masks. No perfectionism. Just clarity, alignment, and grounded strength. Learn by doing to create sustainable change.

STRUCTURE

- Four (4) online workshops; one per month; 3-4 hours each.
- One-hour check-ins between workshops (to be set with participants).
- Limited number Up to 10 participants.
- Saturdays morning 9 a.m. 12.30 p.m.(may extend to 1 pm).

WORKSHOPS

- Define your identity as a leader.
- Clarify your mission.
- Act and decide with agility and authenticity.
- Create a vision that inspires and aligns.

All 4 workshops form a cohesive part to the leadership journey and therefore participation to all is a requirement.

FORMAT

The 4 workshops form a journey into leadership, engaging mind, heart, and body.

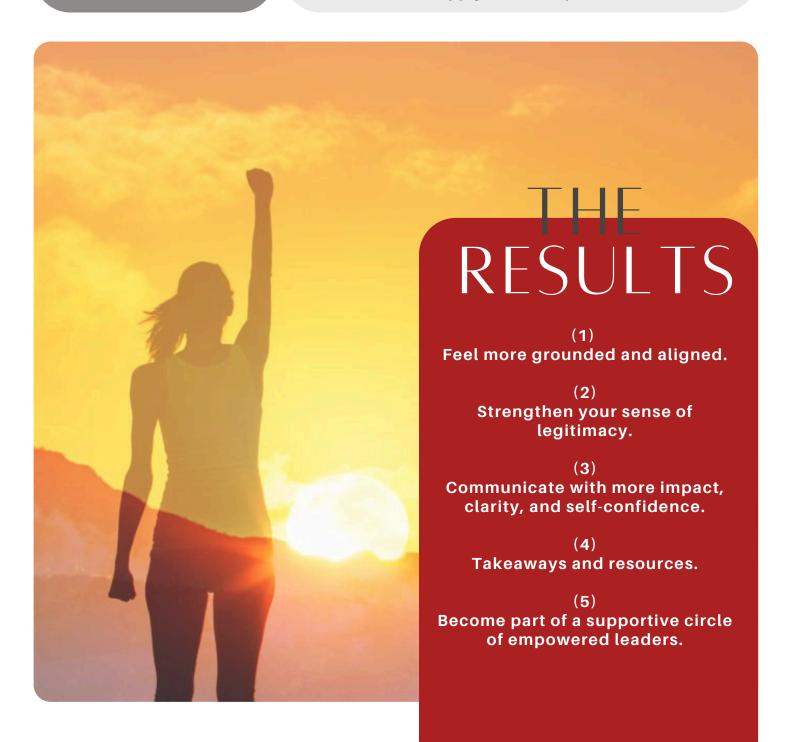
Reflective practices, group dialogue, practical tools, and real-world applications will be part of the process.

DATES

- 4 October 2025
- 8 November 2025
- 6 December 2025
- 10 January 2026

APPLICANTS

- Experienced professionals, current or emerging leaders.
- LIMITED to 10 participants.
- If interested, send an email to carolinethomzaugg@outlook.com to receive more details.
- Deadline to apply is 15th September 2025.





Program Facilitator



My name is Caroline, a mother of three teenagers coming from a multicultural background.

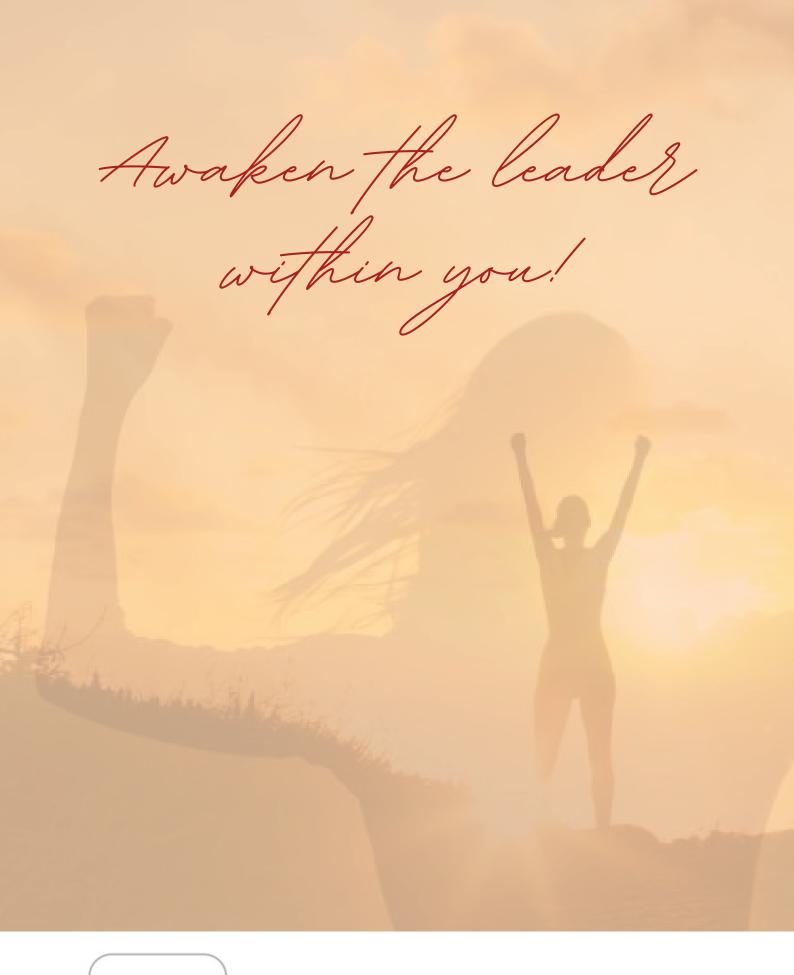
Founder of Pathtogrow (www.pathtogrow.ch). My role is to shine a light on your inner truth. I guide you in revealing and blooming your potential.

As a lawyer, with 25 years of leadership experience in international sports organizations, I know the pressure of being the only woman at the table. For years, I tried to push, hide, and fit in.

I have learnt authenticity is the key to impactful leadership. The benefit isn't just yours. It spreads to your team, your organisation, and your stakeholders.







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