



WISLaw Alpine Weekend

2nd edition



Zermatt, Switzerland
Luxury @Alpen Lodge

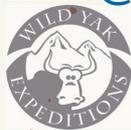


• YOGA, HIKE & COMMUNITY •

JUNE
19 - 20, 2021

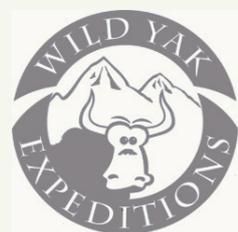
Join us for 2 days of relaxation & adventure!

Presented by Wild Yak Expeditions
info@wildyakexpeditions.com

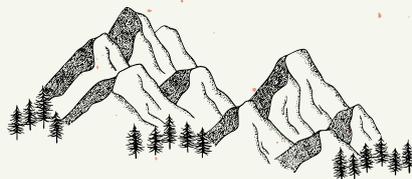


Dream...Explore...Discover...





Refill your Energy



SATURDAY, 19 JUNE 2021

as of 10.30 AM • Individual Arrival to Zermatt by
car/train

10.30 - 11.30 AM • Welcome & bag drop off at Hotel

11.30 AM • Hike with Andrea & Surprise Lunch

3/4 PM • Return to Hotel, check-in to enjoy the spa

6 - 7 PM • Yin Yoga with Val

7.30 PM • Dinner



SUNDAY, 20 JUNE 2021

8- 9 AM • Morning Yoga with Val

9.30 AM • Delicious Mountain Breakfast

11.00 AM - 3 PM • Hike with Andrea

(optional - you can also stay at the hotel & relax)

Individual return when you wish

FOR REGISTRATION AND INFO
INFO@WILDYAKEXPEDITIONS.COM • 079 478 83 21

WWW.WILDYAKEXPEDITIONS.COM

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Registration

• ALL IN CHF 525.-* •

YOU RELAX, WE TAKE CARE OF THE REST INCLUDED

- 1 night in family room** & all meals as mentioned
 - Wellness / Spa at the Swiss Alpine Lodge
- 2 Yoga sessions with Valérie (all sessions are optional & no yoga experience necessary)
 - 2 Guided Hikes with Andrea
- *Excluded: beverages & transportation (cable car/train)*

- **Registration until 30 May 2021** -

*Price is based on min. 6 participants - further info on additional charge in case min. number of participants is not reached will follow.

**Price is based on superior double room. Family room occupancy (4 /room); triple room CHF 485.-; single room for CHF 575.-. All prices per person, and upon availabilities. All taxes incl.

Payment: 75% of the amount upon confirmation. 25% of the amount 15 days before.

Cancellation: 29-15 days before, 15% refund. 14-0 days before, no refund.

Last but not least: the latest COVID sanitary measures from the Swiss Government will be followed during the entire weekend.

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About Your Hosts



ANDREA SHERPA-ZIMMERMANN

Travel designer, sports lawyer, former elite athlete and mountaineer, Andrea reconciles her professional life between the Court of Arbitration for Sport (CAS) in Lausanne and the company co-founded with her husband Norbu Sherpa, specialising in the organisation of journeys to the Himalayas WILD YAK EXPEDITIONS & LUXURY.

In addition to her professional commitments, she loves to share her passion for mountains and sports in the Alps and the Himalayas. It is there, that in 2016, she climbed the highest peak of the World with her husband. She became the 9th Swiss woman to join the exclusive circle of women mountaineers who have climbed Mount Everest.

Very sensitive to the cause of the Sherpa population and the education of children of the mountains of Nepal, Andrea presides over the Swiss charity organisation "The Butterfly Help Project" that she co-founded in 2015 with her husband. The Association is mainly supporting the children of the Climbing Sherpas who died tragically in the mountains. Since the 2015 earthquake, the Association has enlarged its support in the reconstruction of some of the 5600 schools, which were destroyed.

 [wild_yak_expeditions](https://www.instagram.com/wild_yak_expeditions)



VALERIE HORYNA

Valérie is a sports lawyer originally from Zürich & now lives in Lausanne working as the Senior Legal Counsel for FIH. Yoga is a wonderful balance to her intensive career and helps her enormously to remain calm & focused. She followed her passion for yoga since 2014 and recently completed her yoga teacher training in Lombok.

Her classes are both dynamic & calm and combine strength & flexibility. You will immerse yourself in a moving meditation and completely forget your everyday stress.

 [yunion_yoga](https://www.instagram.com/yunion_yoga)

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