



# WISLaw Alpine Weekend 5th edition



Hotel Basecamp  
Zermatt, Switzerland



• YOGA, HIKE & COMMUNITY •

JUNE  
22\* - 23, 2024

\*OPTION TO ARRIVE ON FRIDAY

Join us for 2 days of relaxation & adventure!

Presented by Wild Yak Expeditions  
[info@wildyakexpeditions.com](mailto:info@wildyakexpeditions.com)



*Dream...Explore...Discover...*





# Refill your Energy

**SATURDAY, 22 JUNE 2024\***

as of 10.30 AM • Individual Arrival to Zermatt  
10.30 - 11.00 AM • Welcome & bag drop off at Hotel  
11.30 AM • Hike & Lunch with Andrea  
4 PM • Return to Hotel, check-in  
5 - 6 PM • Yin Yoga with Val  
6.30 PM • 3-course dinner



**\*POSSIBLE TO ARRIVE ON  
FRIDAY, 21 JUNE 2024 AS OF 3 PM (WITH DINNER)  
FOR PRICING & REQUEST SEND AN EMAIL**



**SUNDAY, 23 JUNE 2024**

8- 9 AM • Morning Yoga with Val  
9.30 AM • Mountain Breakfast  
11.00 AM - 2 PM • Hike with Andrea

Individual return when you wish

FOR REGISTRATION AND INFO  
[INFO@WILDYAKEXPEDITIONS.COM](mailto:INFO@WILDYAKEXPEDITIONS.COM) • 079 478 83 21  
[WWW.WILDYAKEXPEDITIONS.COM](http://WWW.WILDYAKEXPEDITIONS.COM)  
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# Registration

• ALL IN CHF 690.-\* •

## YOU RELAX, WE TAKE CARE OF THE REST INCLUDED

- 1 night in double room\*\* & all meals as mentioned
- 2 Yoga sessions with Valérie (all sessions are optional & no yoga experience necessary)
- 2 Guided Hikes with Andrea
- *Excluded: beverages & transportation*

**- Registration until 30 April 2024 -**

\*Price is based on min. 6 participants - additional charge in case min. number of participants is not reached.

\*\*Price is based on double room. Single room for + CHF 80/night per person, and upon availability.

Possibility to stay 2 nights arrival on Friday as of 3 PM, including dinner. For request & pricing send an email.

All taxes incl.

Payment: 75% of the amount upon confirmation. 25% of the amount 15 days before.

Cancellation: 29-15 days before, 15% refund. 14-0 days before, no refund.

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# About Your Hosts



## ANDREA SHERPA-ZIMMERMANN

Travel designer, sports lawyer, former elite athlete and mountaineer, Andrea reconciles her professional life between the Court of Arbitration for Sport (CAS) in Lausanne and the company co-founded with her husband Norbu Sherpa, specialising in the organisation of journeys to the Himalayas WILD YAK EXPEDITIONS & LUXURY.

In addition to her professional commitments, she loves to share her passion for mountains and sports in the Alps and the Himalayas. It is there, that in 2016, she climbed the highest peak of the World with her husband. She became the 9th Swiss woman to join the exclusive circle of women mountaineers who have climbed Mount Everest.

Very sensitive to the cause of the Sherpa population and the education of children of the mountains of Nepal, Andrea presides over the Swiss charity organisation "The Butterfly Help Project" that she co-founded in 2015 with her husband. The Association is mainly supporting the children of the Climbing Sherpas who died tragically in the mountains. Since the 2015 earthquake, the Association has enlarged its support in the reconstruction of some of the 5600 schools, which were destroyed.

 [wild\\_yak\\_expeditions](https://www.instagram.com/wild_yak_expeditions)



## VALÉRIE HORYNA

Valérie is a sports lawyer originally from Zürich & lives in Berlin working in esports at Riot Games, Yoga is a wonderful balance to her intensive career and helps her enormously to remain calm & focused. She followed her passion for yoga since 2014 and completed her yoga teacher training in Lombok, followed by a recent Yin teacher training.

Her classes are both dynamic & calm and combine strength & flexibility. You will immerse yourself in a moving meditation and completely forget your everyday stress.

 [yunion\\_yoga](https://www.instagram.com/yunion_yoga)

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